

## Instructor Guidance

### Instructor Qualifications

Core Elements, Medallion, and Sport Awards - Lifesaving Instructor or Lifesaving Instructor Tutor.

Beach and Stillwater Awards - Lifesaving Instructor or Lifesaving Instructor Tutor with open water endorsement.

Assistant Instructors and Rookie Lifeguard Instructors may support Lifesaving Instructors in teaching the awards.

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### Teaching ratio

A maximum of 12 candidates to 1 Lifesaving Instructor. Where the Lifesaving Instructor is supported by another qualified Instructor (Assistant Lifesaving Instructor or higher), the maximum number of candidates may increase by 12 per support Instructor.

The ratio must meet the requirements of the venue's Safety Operating Procedures.

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### Safety and supervision

The ratio for safety and supervision must meet the requirements of the venue's Safety Operating Procedures and be fine tuned by an activity specific Risk Assessment.

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### Training hours

There are no minimum or maximum training hours for the Survive & Save Programme in order to allow flexibility in award delivery.

It is reasonable to plan course delivery as below:

- Core Elements – 8-10 hours (approximate)
  - Award Elements – 8-10 hours (approximate)
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### Swimming in clothing

Where the award syllabus states that the candidate must be clothed, this means full length trousers and a top with full length sleeves worn over swimwear.

